Jordan Levesque Bio

Jordan Levesque is a Licensed Clinical Social Worker with 10 years of experience in hospital social work. Jordan's background has focused on Women's Health and perinatal mental health, and adjustment to hospitalization and new diagnosis of chronic disease. Jordan also has a strong interest in the grief process and providing support to those grieving any type of loss.

Utilizing a social work perspective, Jordan brings a holistic approach to her clients and works to understand how a person's environment impacts their thoughts and actions. There are systems in place that we can't immediately change, and sometimes we are delt cards in life that we don't choose – Jordan works with clients to help understand these systems impact us, and how we can work within them to find balance and peace.

Jordan uses a combination of Cognitive Behavior Therapy and Motivational Interviewing; and feels strongly that moving your body and getting outside are important factors in feeling like your best self.

Jordan received her bachelor's degree in communications from Missouri State University, and her Masters of Social Work from Loyola University Chicago.

Contact Jordan at:

jordan@monarch-cc.com