

## Scott Stevens, CCAR Recovery/ Life Coach

Scott is a Connecticut Community for Addiction Recovery (CCAR) trained Recovery Coach, former outpatient counselor, and author of five substance use recovery books since 2010. Scott blends his executive experience with his dozen-plus years in

recovery to help people navigate through early recovery's minefield of relapse traps. As a coach and advocate, Scott is equally experienced in abstinence -based and harm-reduction practice to help him meet people where they are today on a goal-driven journey toward freedom from addiction.

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