



Samantha Schroll, MA, LCPC **Licensed Clinical Professional Counselor**

Samantha Schroll, LCPC is a Licensed Clinical Professional Counselor with extensive experience supporting adolescents, adults, and families through mental health challenges, crisis situations, and significant life transitions. Since beginning her clinical work in 2018, Samantha has developed a reputation for her calm presence, practical insight, and trauma-informed approach to care.

Samantha's background spans community mental health, hospital settings, crisis intervention, and family stabilization programs. She has worked with individuals in acute psychiatric units, domestic violence situations, trafficking recovery, and other high-risk environments. Prior to private practice, she held leadership and clinical roles at The Bridge Youth and Family Services, where she supervised clinicians, supported families in crisis, and helped develop comprehensive treatment plans designed to improve long-term outcomes. Her experience also includes psychiatric assessment, crisis stabilization, and coordinating care across healthcare systems.

She specializes in working with clients experiencing anxiety, depression, trauma, stress, behavioral challenges, and perinatal concerns. Samantha integrates evidence-based approaches including Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), and solution-focused interventions. Her work focuses on helping clients build insight, strengthen coping skills, reduce symptoms, and create measurable, sustainable change.

Samantha earned her Bachelor of Science in Psychology, with a minor in Human Biology, from Valparaiso University, and her Master of Arts in Forensic Psychology from The Chicago School of Professional Psychology, with a focus on resilience in high-risk populations. She is trained in trauma-informed care, domestic violence response, and crisis intervention.

Clients can expect a collaborative and relaxed first session centered on building rapport and identifying meaningful goals. Samantha's communication style is calm, direct, validating, and personable. She creates a supportive, welcoming space where clients feel understood and empowered. Through structured goal-setting and ongoing progress tracking, she helps clients move from feeling overwhelmed to feeling confident, capable, and equipped for long-term growth.

Contact Samantha: Samantha@monarch-cc.com