



Kenzie Kearns, BSW, CADC
Recovery Life Coach

Kenzie is a dedicated Recovery Coach who has been working in substance use since graduating from Loyola University Chicago in 2018 with a degree in social work. Kenzie is passionate about helping people overcome addiction and live healthy and fulfilling lives. With Kenzie, you'll find a safe, non-judgmental space to feel heard and build a sustainable foundation for your recovery journey. Together, you'll develop effective tools and strategies to achieve and maintain your recovery goals. Kenzie's approach is rooted in cultivating curiosity, community, connection, and self-compassion. As someone who has experienced their own journey of sobriety, Kenzie is committed to always learning on growing in recovery and seeks to encourage and inspire others to do the same together.

Contact Kenzie at: kearns.mackenzie@gmail.com