



Feature	Function	Benefit	Cost
Individual/Couples Psychotherapy EMDR Psychotherapy Specialized Group Psychotherapy	<ul style="list-style-type: none"> • Biopsychosocial Assessment. • Usually, 1 to 2 Sessions per week. • Collaborative 3rd party contact. • Confidential professional office environment, plus virtual office available. • Specialized process groups (Specific topic) 	<ul style="list-style-type: none"> • Trauma Relief. • Feel validation/Acceptance. • Emotional Intelligence/Regulation. • Learn behavior modification skills. • Develop coping skills. • Improve. communication skills 	<ul style="list-style-type: none"> • \$ 185.00 for a 60 Min. Ind./Couples session. • Blue Cross Blue Shield Insurance accepted. • United Health Care Insurance accepted. • \$200.00 for a 60 min. EMDR session. • \$60 Per Group Therapy Session.
Recovery/ Life Coaching	<ul style="list-style-type: none"> • 1 face-to-face or virtual session per week. • Check-In Calls- 1-6x per week. • Meet on-location with client. • Address and improve any life domain. • Drug-testing available. • Collaborative 3rd party contact. 	<ul style="list-style-type: none"> • Focus is to build structure, accountability & self-esteem. • Establish autonomy & independence. • Identify strengths, limitations and triggers. 	<ul style="list-style-type: none"> • \$150.00 for a 60 min. session. • Up to 7-hours per week. 1-hour min. • Check-in calls can be billed in 15 min. intervals. Frequency of calls TBD.
Family/Friends Intervention Consultation Group	<ul style="list-style-type: none"> • Intensive family preparation meetings. • Establish intervention team members. • Live or remote instruction. • Create crisis management plan. • Clinically appropriate treatment options. 	<ul style="list-style-type: none"> • Start to build unity within the family system. • Identify problems within the family system. • Intro-education about addiction. 	<ul style="list-style-type: none"> • \$500.00 for a 120 min. Family Consultation Session. (Virtual)
Clinical Interventions: 1. Crisis Intervention 2. Full-Disclosure	<ul style="list-style-type: none"> • Total of 10 or 20 hours of service. • Intensive 3 day or 2-week process. • 24h/7d access by phone. • Crisis management. • Live professional facilitation. 	<ul style="list-style-type: none"> • Identify family roles. • Discuss and implement personal boundaries. • Treatment selection/placement. • Family system healing. 	<ul style="list-style-type: none"> • \$2,500 for a 10-hour Crisis Intervention. • \$5,000 for approx. 20-hour Full-Disclosure Intervention, plus travel expenses.
Clinical Case Management Sober Link Monitoring	<ul style="list-style-type: none"> • Wrap-around collaborative 3rd party contact. 	<ul style="list-style-type: none"> • Aligning all professional providers & family. 	<ul style="list-style-type: none"> • \$200.00 per Month.
Clinical/Medical Transport	<ul style="list-style-type: none"> • Clinical travel transport companion. • Written clinical summary. • Nursing staff available. (As needed) 	<ul style="list-style-type: none"> • Safe entry into a treatment center. • Collaborative Care. 	<ul style="list-style-type: none"> • \$650.00 for a half-day. • \$1,500.00 for a full-day, plus travel expenses.
Concierge Health Care Consulting	<ul style="list-style-type: none"> • In-home addiction health care consulting. • Service available all 24 hours/7 days. 	<ul style="list-style-type: none"> • Expert advisory or crisis support on-demand. 	<ul style="list-style-type: none"> • \$250.00 per hour, plus travel expenses.