



## **Bria Brumfield, LCSW Psychotherapist**

Bria Brumfield, LCSW, is a licensed clinical social worker based in Chicago, with roots extending to Howard University and Loyola University Chicago. Employing a comprehensive approach, Bria utilizes a diverse range of therapeutic modalities to address the unique needs of her clients. Her professional journey began in community mental health at a hospital's outpatient clinic, where she provided therapy to individuals facing severe mental health challenges.

Currently, Bria holds a leadership role overseeing three clinical teams and a trauma-informed capacity-building team. Her primary focus remains on direct client work, particularly within the Black and brown communities. Specializing in treating depression, anxiety, trauma, grief, life changes, and relationships, Bria is deeply committed to fostering a therapeutic environment that promotes healing and growth.

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